

# May 10 Discussion Questions

## “The Spirit-Filled Mind”

### Ephesians 4:17-32

#### **Review**

Stop Living like Godless Materialists, who are:

- **Blind** - they can't understand the truth (v. 17-18)
- **Dead** - they have no connection with God's life and power (v. 18)
- **Hard-Hearted** - they don't feel conviction anymore (v. 18-19)
- **Slaves** - they are controlled by their desires (v. 19)

Live like Christians who:

- Actively **Fight** Sin (v. 22)
- Actively **Fill** our minds with Truth (v. 23)
- Actively **Follow** the Ways of Jesus (v. 24)

#### **Connect**

1. When was the last time you moved to a new home or city? How did that move change your life? What things stayed the same?
2. Since you moved into a relationship with Jesus, what has changed? Share one particular way Jesus has changed your life. Be specific.

#### **Read Ephesians 4:17-32**

#### **Discuss**

3. Why must the lifestyle of a Christian change after coming to know Jesus as their Savior?
4. What does it mean to have a hardened and calloused heart? In what way can Christians still have a calloused heart? Share an example of a season in your life when your heart was calloused. How did God soften your heart?
5. How do we actively “renew the spirit of our minds” or “put on the new self?” What is a spiritual discipline that has especially been beneficial to you in cultivating godliness?
6. How can we be angry and not sin? Share a time when you ended a day in unresolved anger? How did that affect your emotions and stress level?

#### **Apply**

7. How do you think you've more recently grieved the Holy Spirit? How does the Gospel provide you a hopeful way forward?
8. What is a new habit you can cultivate as a way to more actively “put on the new self?” How can the group hold you accountable to cultivate this?

9. How else is the Holy Spirit speaking to you from this passage? What point of application do you sense He's intending you to make?
10. How has this season away from gathering with other Christians affected your spiritual life? In what way has it increased your gratitude for the Church?

### **Pray**

11. Pray for God to increase the sensitivity of your heart and to help you make that next decision to cultivate godliness.

### **Weekly Prayer Focus from Prayer Team**

**Personal:** Pray you will grow more Christ like as you continue to put off the old self and put on the new. *You were taught, with regard to your former way of life, to put off your old self, which being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.* Ephesians 4:22-24

**Ministry:** Pray for our Moms, Grandmas, Aunts and Sisters in Christ and for their opportunities to exert Godly influence in the positions that they hold for such a time as this. *"And who knows but that you have come in your royal position for such a time as this?"* Esther 4:14b